



## **ORIENTAL BOXING REGULATIONS KIDS 2024**





## SCOS – Regulations „Oriental Boxing“ Kids 2024

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## Purpose

All competitions are conducted according to this set of rules. It serves as a guideline for all instances and participants of the association.

All conditions for the competition are clearly defined. The SCOS organization provides a fair platform for amateur competition athletes and contributes to presenting combat sports, especially Oriental Boxing, positively to the public.

We aim for fair and regulated competition conditions for children in Switzerland. Our top priority is safety within the boundaries of this sport. We emphasize that technique and skill are paramount. We do not promote knockouts or wild brawling.

The regulations are discussed and re-evaluated annually at the planning meeting. This allows all coaches of the organization to have an influence.

## Weight Classes\*

in KG	
Boys	Girls
-20	-20
-22	-22
-24	-24
-26	-26
-28	-28
-30	-30
-32	-32
-34	-34
-36	-36
-38	-38
-40	-40
-43	-43
-46	-46
-48	-48
-51	-51
-54	-54
-57	-57
-60	-60
-63.5	-63.5
-67	-67
-71	-71
-75	-75



## Combat Duration

5 - 7 years old: 2 x 1.5 min. (1 min. break)

8 -16 years old: 2 x 2 min. (1 min. break)

## Strength Classes

### **C3-Class:**

Beginner class, this means the fighters are really fighting their first battles and have zero experience in competitive sport.

### **C2-Class:**

This fighters already have competition experience in other martial arts, which must be indicated upon registration.

### **C1-Class:**

The fighters already have wrestling experience and also indicate the number of fights upon registration.

**We appeal to your honesty!**

### **Scoring per round:**

**3 judges**

Slight Superiority

**10 : 9**

Clear Superiority

**10 : 8**

Even high level

**10 : 10**

### **Minus Points:**

- Clearly visible low blow\* (intentional or not) **1 point deduction**
- Clear hitting after the stop **1 point deduction**
- Hitting with elbows or headbutt **1 point deduction**
- Unsportsmanlike behavior from coach or fighter **1 point deduction**
- 3rd warning **1 point deduction**
- **3 times spitting out mouthguard** **1 point deduction**

*\* Point deduction for low blow:*

*The referee is obligated to consult with the judges whether it was an intentional or accidental low blow. The majority decides whether a point deduction occurs or not.*



## Warnings

- Clinching, grappling, pushing
- Turning away, diving too low
- Unclean techniques (inside punching, blind techniques, etc.)
- **Spitting out mouthguard after the second time**

## Decisions

- Based on judges' votes
- Based on points

## Ringside Doctor

The ring doctor can stop the fight in favor of health.

## Weigh-in

Weight on the scale counts with or without clothes! There is no weight deduction.

## Attire

Male and female fighters of all age categories wear standard boxing or Muay Thai shorts made of satin or cotton, ending approximately 10cm above the knee, but not exceeding the knee. The shorts must have no pockets or zippers. Strings must be on the inside of the shorts. Female participants wear a short, sleeveless, tight-fitting top made of synthetic fiber or cotton. The chest protector must be worn under the top.

Male participants fight shirtless..



## Techniques

### Attention:

- No knockdowns will be scored
  - This means: We prefer clean techniques without the intention of knockouts. If a fighter brings the opponent to the ground, it will not be considered a scoring action.

### Boxing Techniques:

#### Allowed Target Areas

Front of the head and face, body from the waist upward front and sides

#### Not Allowed Target Areas

Back of the head, skull, neck, nape, back, and below the beltline.

## Protective Gear

### C3-1-Class:

- Helmet is mandatory!
- Up to 8 years: 8oz lace-up or velcro boxing gloves. Secured with tape.
- 9 - 12 years: 10oz lace-up or velcro boxing gloves. Secured with tape.
- 13 - 17 years: 12oz lace-up or velcro boxing gloves. Secured with tape.
- Upper body vest (provided by the organizer)
- Mouthguard
- Boxing shoes (no sneakers)
- Groin protection (mandatory for girls too)
- Chest protector mandatory for women (depending on age not always necessary)
- Bandages are regular fabric bandages (no tape allowed anywhere).