



MUAY THAI REGULATIONS KIDS 2024





SCOS – Regulations „Muay Thai“ Kids 2024

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Purpose

According to this set of rules, all competitions are conducted. It serves as a guide for all instances and participants of the association.

All conditions for the competition are clearly defined. The SCOS organization provides a fair platform for amateur competition athletes and contributes to presenting combat sports, especially Muay Thai, positively to the public.

We strive for fair and regulated competition conditions for children in Switzerland. Our top priority is safety within the confines of this sport. We emphasize that technique and skill are paramount. We do not promote knockouts or wild brawling.

The regulations are discussed annually at the planning meeting and re-evaluated. Thus, all coaches within the organization can have an impact.

Weight Classes*

in KG	
Boys	Girls
-20	-20
-22	-22
-24	-24
-26	-26
-28	-28
-30	-30
-32	-32
-34	-34
-36	-36
-38	-38
-40	-40
-43	-43
-46	-46
-48	-48
-51	-51
-54	-54
-57	-57
-60	-60
-63.5	-63.5
-67	-67
-71	-71
-75	-75



Combat Durations

5 - 7 years old: 2 x 1.5 min. (1 min. break)

8 -16 years old: 2 x 2 min. (1 min. break)

Strength Classes

C3-Class:

Are beginners, meaning the fighters truly contest their first fights and have zero experience in competitive sports.

C2- Class:

These fighters already have competition experience in other combat sports, which must be indicated upon registration.

C1- Class:

The fighters already have wrestling experience and also indicate the number of fights at registration.

We appeal to your honesty!

Scoring per round:

3 judges

Slight Superiority

10 : 9

Clear Superiority

10 : 8

Even high level

10 : 10

Minus points:

- Clear and visible low blow* (Intentional or not) **1 point deduction**
- Clear striking after stop **1 point deduction**
- Headbutt **1 point deduction**
- Unsportsmanlike behavior by coach or fighter **1 point deduction**
- 3rd warning **1 point deduction**
- **Spitting out mouthguard 3 times** **1 point deduction**

**Point deduction for low blow:*

The referee is obligated to consult with the judges whether it was an intentional or accidental low blow. The majority decides whether a point deduction occurs or not.



Warnings

- Pushing
- Turning away
- Unclean techniques (inner hand strikes, blind techniques, etc.)
- **Spitting out mouthguard after the second time**

Decisions

- By judges' votes
- By points
- Stoppage or surrenderNach Punkten

Ringside Doctor

The ring doctor can stop the fight in favor of health.

Weigh-in

Weight on the scale counts with or without clothes! There is no weight deduction.

Attire

Female and male fighters of all age categories wear a standard boxing or Muay Thai shorts made of satin or cotton, ending approximately 10cm above the knee but no more than the knee. The shorts must not have pockets or zippers. Drawstrings must be inside the shorts. Female participants wear a short, sleeveless, fitted top made of synthetic fiber or cotton. The chest protector must be worn under the top.

Male participants fight shirtless.

Traditional head and arm adornments may, but do not have to, be worn (though we would appreciate it).

Wai Kru

This is mandatory in a Muay Thai fight. Those who are not familiar with the exact definition, please refer to Wikipedia. For a Ram Muay, there is not enough time at such tournaments.



Techniques

Attention:

- **No knockdowns will be scored.**
 - **This means: We prefer clean techniques without intent for knockouts. If a fighter brings the opponent down, it will not be considered a scoring action.**

Boxing techniques:

Straight punches, hooks, uppercuts

Kicking techniques:

Kicks to the thighs, body, front and sides of the head. Holding a kick is allowed. Throwing is not allowed.

Knee techniques:

To the abdomen, sides, or head.

Clinching:

Allowed. If there is no action for more than 3 seconds, the referee will break it up.

Foot techniques:

Sweeps are allowed but must be done entirely on the ground.

Spinning Back Fist:

Not allowed in all C-classes

Protective Gear

C3-1-Class:

- Helmet is mandatory!
- Elbow guards are mandatory!
- Up to 8 years: 8oz lace-up or Velcro boxing gloves. Secured with tape.
- From 9 to 12 years: 10oz lace-up or Velcro boxing gloves. Secured with tape.
- From 13 to 17 years: 12oz lace-up or Velcro boxing gloves. Secured with tape.
- Upper body vest (**provided by the organizer**)
- Mouthguard
- Groin guard (mandatory even for girls)
- Shin guards (the thin fabric competition guards)
- For women, chest protection is mandatory (depending on age, not necessary)
- Regular fabric bandages are used (tape is not allowed anywhere).